

Training Information Sheet

Brief Intervention Psychological Therapies Brief Intervention Professional Practice MSc Programme Overview

An Introduction

CPTI offers MSc degrees in collaboration with Napier University. The MSc in Brief Intervention Psychological Therapies is designed to provide an academic qualification in brief therapies. Intermediate awards are a PG certificate in BIPT and a PG Diploma in BIPT. For those wishing to gain models for effective communication in any working environment an MSc in Brief Intervention Professional Practice with the same post graduate options is offered. The Brief Intervention Professional Practice degree is also suitable for those working in HR, Social Services and general management who are seeking a higher degree for career advancement who work in.

Eligibility

The courses are designed to meet the demands of those seeking training for a career change as counsellors, for counsellors and psychotherapists wanting to broaden their skill set or obtain an academic qualification and workers in many fields wanting a better understanding of individual process and better ways of managing, intervening, coaching and resolving conflict. The degree courses will also be suitable for those wanting a higher degree to advance their careers.

Entry Requirements

Entry to this degree is normally by holding a first degree and demonstration of suitability to undertake training in this field. Entry is also available to holders of a counselling qualification and to those without a first degree who can demonstrate appropriate life and professional experience and the ability to study at this level. In addition the BIPP degree entry is available to those holding qualifications in human resources, social work or management or with substantial appropriate experience in their area of work.

Prospective students whose first language is not English are required to demonstrate that they meet the university's standard for English, IELTS 6.0 or equivalent.

Recognition of Prior Learning (RPL)

Prospective MSc students who have a recognised qualification in counselling may be eligible to obtain an exemption for some course modules by a process of RPL.

The MSc Courses

Both degrees are modular; for full details see the Training Information Sheet for the Brief Intervention Modules. To qualify for the MSc the completion of seven modules and a dissertation is required. Three modules are undertaken in the first and second years, a practice module and the dissertation in the third year.

On completion of the taught modules and a practice module (BIPT only), students entered for the MSc complete an MSc masters dissertation of 15,000 words on an agreed subject. Supervision of the project is provided jointly by Napier and CPTI.

Both degrees offer the same modules and academic content; the difference lies in the requirement for undertaking personal counselling in the BIPT course. In both courses assignments, reading and the dissertation will be directed towards the required professional outcomes.

Qualifications

These courses are designed to provide a masters degree in three years; alternatives are a post graduate certificate in one year or a post graduate diploma in two years.

Award of the MSc by Napier University adds an academic recognition in the form of a post graduate degree. In many fields this opens opportunity for advancement and promotion.

Individual Modules

Students may undertake individual modules to add to existing training or qualification. These modules carry credits at SCQF 11.

Assessing Training at CPTI

In making the judgement as to whether brief intervention training is the right path, we recommend that all prospective trainees get broadly based information and be thorough in assessing the commitment and cost.

In assessing what is offered by CPTI, we invite you to study our Training Information Sheets, the FAQs and our training prospectus; for other information review the Napier web site at www.napier.ac.uk. A further way of assessing CPTI training is by attending a short course; these include a two day introduction to the Transactional Analysis modality (the TA101), an Introduction to Counselling Skills and CPD courses.

Teaching Staff

All course lecturers with CPTI and Napier are appropriately qualified and practitioners in the modality taught. Supervision is provided in the modality taught for the practice element of each module. Generic supervision is provided for the practice module by qualified supervisors.

Administration and Support

CPTI consider that the support of students by a knowledgeable and experienced administration staff is essential to the successful provision of training. Students always have access to staff by email, telephone and, where appropriate by personal meeting. The first resource for students is with a Student Advisor; appropriate support is also available from Napier University. CPTI offices are manned five days a week and include library and computer facilities for trainees.

© CPTI 2008 amended November 2008

See other CPTI Training Information Sheets for more detailed descriptions of Brief Intervention Psychological Therapies Modules, the available qualifications and for other MSc programmes. Training Information Sheets are downloadable from www.cpti.info in PDF format or can be requested as emails from our office.

Counselling & Psychotherapy Training Institute

86 Causewayside, Edinburgh EH9 1PY

enquiries@cpti.info 0131 667 6173 or 0845 450 1547